



## Personal and Professional Coaching Unique Keynote Speaking

### COACHING AGREEMENT THREE MONTH

This Coaching Agreement is made between Les is More Coaching (Les Hill) and \_\_\_\_\_ effective on \_\_\_\_\_ and will continue for a minimum of three months of coaching and thereafter until terminated by either party as provided below. The service to be provided is coaching. Coaching, which is not therapy or counseling, may address specific personal goals and projects, business issues or general conditions in the client's life and/or profession.

The fee for coaching services shall be \$\_\_\_\_\_.00 per month. This monthly fee includes weekly coaching meetings of seventy-five (75) minutes each or phone/ZOOM video sessions (as agreed upon by client and coach) as well as periodic, brief telephone conversations with the coach. Payment for the first month of coaching is due prior to the first coaching session of each month. Payment for the month must be received before coaching services will be rendered during that month. The client can pay for coaching services via check or credit card (+2.75%). All checks should be made payable to Les is More Coaching at the address shown below.

Following the initial three-month coaching period, this agreement shall continue on a month-to-month basis for so long as both parties desire to continue the coaching relationship; provided that either party may terminate the coaching services at any time upon thirty- (30) days prior written notice. Upon termination of this agreement, the coach and client agree to devote the final coaching call to completing the coaching relationship.

All information disclosed by the client during the course of coaching meetings with the coach is and shall remain confidential and will be held as such by the coach. The client further understands that candor and transparency during the coaching process will greatly enhance the coaching relationship and results achieved.

The client understands that it will be his/her responsibility to initiate all coaching calls by calling the coach or ZOOM meeting room at (612) 867-0104 or another number as directed by the coach. If the client or the coach needs to reschedule a scheduled meeting or coaching call, each agrees to give the other at least 24 hours notice. Naturally, emergencies come up, and both coach and client agree to take that into consideration. However, if the client does not give the coach at least 24 hours prior notice or does not call within ten (10) minutes of the time of any scheduled phone coaching call, then absent a true emergency, the client will forfeit that meeting and it will not be rescheduled.

Client: \_\_\_\_\_ Date: \_\_\_\_\_

Coach: \_\_\_\_\_ Date: \_\_\_\_\_

Les is More Coaching Name on Card \_\_\_\_\_

(612) 867-0104

310 4th Avenue South, Suite 5010  
Minneapolis, MN 55415

Credit Card # \_\_\_\_\_

exp. \_\_\_\_\_ code \_\_\_\_\_