

COMMUNICATION'S INTEGRITY

7-Steps

LISTENING

1. Telephone Exercise
2. Listen through filters of life
3. Active listening

LOOKING / SEEING

1. Active Vision
2. Peripheral Vision
3. What do we not see?

BEING PRESENT

1. Cellphones of today
2. Eye contact, body position, interactive listening, time-clock watcher
3. "Yesterday's the past, tomorrow's the future, but today is a gift. That's why its called the present." Bill Keane

SPEAKING

1. Starting—clearing—Attentive to the audience
2. Um's, Ah's, So, You know, BUT
3. Volume Quiet vs Loud

BODY LANGUAGE

1. 85-95% of our communication is non-verbal
2. Ways of talking
3. Crossed Arms and Legs

BEING IN ANOTHER PERSON'S WORLD

1. Listen for what might be happening in their life
2. Be aware of all the first 4 points
3. Ask questions do not assume it makes an A** of YOU & ME

MINDSET / MANIFESTATION

1. Vision
2. Prayer
3. Meditation
4. Visualization
5. Manifestation

WHY COMMUNICATION?

INTIMACY ——— IN TO ME YOU SEE!!!!

