

RESPONSIBILITY

Responsibility begins with the willingness to be cause in the matter of one's life. Ultimately, it is a context from which one chooses to live.

Responsibility is not burden, fault, praise, blame, credit, shame, or guilt. In responsibility, there is no evaluation of good or bad, right or wrong. There is simply what's so, and your stand.

Being responsible starts with the willingness to deal with a situation from the view of life that you are the generator of what you do, what you have and what you are. This is not the truth. It is a place to stand.

No one can make you responsible, nor can you impose responsibility on another. It is a grace you give yourself - an empowering context that leaves you with a say in the matter of life.

“THE CONTEXT IS DECISIVE”

We are now about to have a conversation about living a life of Transformation. We are going to have a conversation about being someone with the power to continually transform the context in which they are living

A pitfall in the game of Transformation is to think you have arrived and your transformation is complete. We have this saying in our education – “Yesterday’s Transformation is today’s ego trip.” Transformation is never a done deal, something that happens once and then lives on.

Living a life of Transformation could be said to be a life where you are continually transforming. Living a life of Transformation is about continually transforming the existing contexts giving you who you are, and in the space of nothing, creating new contexts for your life.

The possibility of creating new contexts for your life is an extraordinary possibility, because it is the context that determines what is possible and what isn’t. In plain terms, **THE CONTEXT IS DECISIVE.**

First let me say what I mean by a context. We could define “context” as simply a set of possibilities regarding any subject; or we could say a “context” is a realm of possibilities.

To really understand the power of context, we are going to use color as a metaphor. If we imagine a context limited to the colors blue and yellow – like someone with a particular kind of colorblindness who only has receptors for blue and yellow – within the context “blue and yellow,” it is obvious that you can see blue and it is obvious that you can see yellow. However, as with all contexts, there are possibilities beyond what is obvious. In the example of the context named “blue and yellow,” while green is not obvious, green does exist as a possibility within that context, because you can see green by combining the blue and the yellow.

Within any given context certain possibilities exist beyond what is obvious, but it is also true that within that context, certain other possibilities do not exist at all. Those possibilities that lie outside a context, are simply not possible within that context.

In the example of the context “blue and yellow,” blue and yellow are obvious, green is possible, but red, orange, and violet are not possible. The possibilities red, orange and violet lie outside the context “blue and yellow,” and therefore are simply not a possibility within that context.

UPSET

1. Thwarted Intention
2. Unfulfilled expectation
3. Undelivered communication

UPSET

1. Undelivered communication

This is when we have a communication that we expect to have from another and delivered to us in a way that we expect and this communication doesn't happen, so it is an undelivered communication and because it is undelivered we get upset! As it is upsetting

because either we did not receive it or we did not say it. Have you ever been mad at yourself for not saying something in the moment that was coming from your heart not from the upset!!

2. Thwarted intention.

This is where one has a plan that we are intending to see happen and we have it scheduled, in place, and we are excited about it, and something happens and it doesn't happen the way we intend it to! A plan gone haywire by something out of our control, our intention was hijacked.

3. Unfulfilled expectations

We have an expectation that something we want is going to happen the way we expect it to, having our expectation be fulfilled! Instead it goes another way leaving us unfulfilled!

Here are some thought provoking questions after reading the definition of upset!

1.How often do you see things in personal or business relationships that fall into these UPSETs and you are STOPPED?

2.How can you see now to be 100% responsible?

3.What are some new ways of being (attitudes) that you can see to create in different areas of your life around UPSETS?